OrthoMD Hand Surgery

Andrew Yang, MD
Hand & Upper Extremity Surgeon
handorthomd.com · (917) 242-4585

OFFICE-BASED HAND SURGERY · SELF-PAY

Simple Hand Surgery, Right in Our Office

Common hand procedures done by Dr. Yang, a hand surgeon, under numbing medicine only.

Why Have Surgery in the Office?

- **Awake, with numbing only:** local anesthesia, no general anesthesia or IV sedation
- **Usually no fasting** before the procedure
- **Go home right after,** with no hospital stay
- **A private office setting** instead of a hospital or surgery center
- **No separate facility or anesthesia bills**

Common Office Procedures

- Carpal tunnel release (numbness and tingling in the hand)
- Trigger finger release (a finger that catches or locks)
- De Quervain's release (pain on the thumb side of the wrist)
- Ganglion cyst removal (a fluid-filled lump on the wrist or hand)
- Mucous cyst removal (a small cyst near the fingertip joint)
- Removal of small lumps or foreign bodies in the hand

What to Expect

1. **Consultation:** exam, diagnosis and an exact quote
2. **Procedure day:** the hand is numbed and you stay awake; most procedures take under an hour
3. **Dressing:** a soft bandage, then home the same day
4. **Follow-up:** 3 post-op visits included to check healing

Before & After Surgery

- **Blood thinners:** tell us, but don't stop them on your own
- **Keep the dressing clean and dry**
- **Raise your hand** above heart level to reduce swelling
- **Call us** for fever, redness, drainage or worsening pain

Is It Right for Me?

Office surgery is best for straightforward hand problems. Some medical conditions or complex cases may be safer in a surgery center. Dr. Yang will decide with you at your consultation.

PRICING
Starting at
$3,000
per procedure

Includes **3 post-operative visits.**

✓ Self-pay — not covered by insurance
✓ Payment is due at the time of service
✓ Final price depends on the procedure; we'll give you an exact quote at your consultation.

Have a high-deductible plan? Self-pay surgery in our office may cost less than using your insurance at a hospital or surgery center, where facility and anesthesia fees can apply. Ask us for a quote.

Schedule Your Consultation

Call **(917) 242-4585** | Email **contact@handorthomd.com**

Fort Lee, NJ
2175 Lemoine Ave, Ste 401A, Fort Lee, NJ 07024

Bayside, NY
42-21 Francis Lewis Blvd #107, Bayside, NY 11361

Individual results vary. Not every condition can be treated in the office; Dr. Yang will recommend the safest setting for you.